

Resources from The Florida Council on Compulsive Gambling, Inc

Southeast Florida Gam-Anon, Delray Beach (Crossroads Club) Gam-Anon - Sunday Morning - OPEN GA & ON-SITE (SEPARATE) GAM-ANON - Meetings

Resource number: 84134096

A program of: Self-Help Support Groups Gamblers Anonymous (GA)

Description

The Delray Beach Sunday Morning Gam-Anon Meeting takes place at Crossroads Club on Sunday afternoons from 12:00pm - 1:00pm (ET).

GAM-ANON MEETING ON SITE - This location offers a Gambler's Anonymous Meeting and a separate Gam-Anon meeting; both meetings are held in different rooms. The Gamblers Anonymous meeting begins 30 minutes earlier and is from 11:30am - 1:00pm (ET).

Description of Location: Crossroads Club is located east of Congress Ave. before the I-95 overpass, on the south side of Lake Ida Rd. When you arrive, enter the building and ask the receptionist which rooms will be used for the GA and Gam-Anon meetings that day.

Gamblers Anonymous (GA) is an anonymous and confidential fellowship of men and women of all ages, from diverse social and economic backgrounds, races and religions, who meet for the purpose of sharing their experience, strength and hope as it relates to maintaining abstinence from gambling while living a happy and useful life. There are no dues or fees, and the only requirement for membership is a desire to stop gambling.

This program has been addressing gambling addiction and helping those affected since the 1950s. This 12-step meeting has tens of thousands of members around the United States, is free to attend, and offers sponsorship and pressure relief as significant components of the program. Many people choose to use this resource as their only recovery program, as they feel more comfortable being around people who have/are living with a gambling addiction than they do in a one-on-one counseling type setting. The FCCG encourages self-help resources in conjunction with individual treatment options.

Self-help is a critical part of the recovery process. Self-help groups can assist you with tools for recovery and can provide insight that you are not dealing with this problem alone. Generally, self-help groups offer the opportunity to identify with others through a shared group experience, and furnish ongoing and lifelong support.

An aspect of many self-help programs is sponsorship. Sponsors may provide additional information, encouragement, fellowship and guidance to newcomers on a voluntary basis. They may also furnish assistance and offer suggestions to newcomers on a case-by-case basis.

GA operates two types of meetings: open and closed. An open meeting is open for all persons to attend regardless of their relationship to the gambler, whereas closed meetings are strictly for gamblers only.

Phone Numbers

Norma G.	561-883-2256 Primary Meeting Contact	Florida GA Hotline	1-855-222-5542 Secondary Meeting Contact
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Site Information

Location	Crossroads Club, 1700 Lake Ida Road Delray Beach, FL 33445	Description of Location	Crossroads Club is located east of Congress Ave. before the I-95 overpass, on the south side of Lake Ida Rd. When you arrive,
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Mailing Address Crossroads Club, 1700 Lake Ida Road Delray Beach, FL 33445

Hours Sun: 12:00pm (ET) - 1:00pm (ET);

Program Information

Eligibility

Languages Offered English, English

Payment Options

Fees Free

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Palm Beach County - Delray Beach
- 33445

Main Contact

Name Norma G.
Title Primary Meeting Contact
Phone 561-883-2256